

Instructions for use

LUITPOLD PHARMA GMBH · Zielstattstraße 9 · 81379 München

Hirudoid® Cream

Active agent: Mucopolysaccharide polysulphuric acid ester

Composition

100 g of cream contain:
Mucopolysaccharide
polysulphuric acid ester 300 mg
(Organo-Heparinoid
"LUITPOLD") corr. to 25000 U.*
Emulsion cream base
(cont. parabens)

* Units determined by means of the activated
partial thromboplastin time (APTT)

Indications

Superficial phlebitis and thrombosis of the
veins
inflammatory conditions of varicose veins
after-care following sclerotherapy of varicose
veins
haematomas, swellings
loosening of hard scars
to improve the formation of scars after injuries,
burns, surgical operations etc.

Contra-Indications

In the case of hypersensitivity to parabens
Hirudoid cream should not be used.

Instructions for dosage and mode of administration

Unless otherwise prescribed, one or two
times daily a ribbon of cream about 3 to
5 cm in length (if necessary even more) is
applied to the affected part or massaged
gently in, until the cream has vanished. In the
case of very painful inflammations and
thrombosis, the affected area and its vicinity
should carefully be spread over with a thick
layer of Hirudoid cream and covered with a
dressing.

To intensify its effect, in these cases Hirudoid
cream should be additionally rubbed into the
further vicinity of the affected area. To loosen
hard scars, it is advisable to massage the
cream vigorously in. For iontophoresis Hiru-
doid has to be applied under the cathode.

Notes

The drug should not be used after its expiry
date.

Medicaments should be kept away from
children.

Do not freeze but store below 30°C.

Additional information

Properties

Hirudoid has pronounced anti-inflammatory
activity, inhibits the development and promo-
tes dissolution of superficial microthrombi,
supports the absorption of haematoma and
swellings, leads to rapid alleviation of pain
and tension in the afflicted region, promotes
the regeneration of connective tissue, and is
well tolerated by tissues and by the body as
a whole.

Hirudoid shortens the duration of the dis-
order.

Form of administration and package sizes

Commercial packs of 14 g and 40 g of
cream.

– to be sold in pharmacies only –





Hirudoid® Cream

Active agent: Mucopolysaccharide polysulphuric acid ester

Percutaneous antithrombotic and antiphlogistic preparation

Dear patient,

Your physician has prescribed Hirudoid for the treatment of your venous disease. In the following you will find some information and advice on ways in which you can support this therapy.

Avoid any additional strains which may promote your venous disease such as:

- excessive alcohol and cigarette consumption
- heavy food, an unbalanced diet, foods causing flatulence and constipation, overweight
- overheating of the body through sunbathing or excessive use of the sauna
- tight constrictive clothing, uncomfortable high heel shoes

Physical exercise is always beneficial!

Standing and sitting for prolonged periods of time causes congestion and is a strain on your veins.

Do the following exercises as often as possible:

- jiggle your feet
- quickly move your feet up and down on the spot
- bend your toes and draw circles with your feet
- while sitting stretch out your legs, move the tips of your toes alternately in the direction of the floor and your body.

Walking, hiking, and especially swimming are natural forms of vascular training.

Go up and down stairs as often as possible instead of taking the elevator.

We wish you a speedy recovery.

THIS IS A MEDICAMENT

- A drug is a product which acts on your health and its consumption could be dangerous when you do not follow the instructions.
- Follow strictly the doctor's prescriptions, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist know the medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.

KEEP MEDICAMENT OUT OF REACH OF CHILDREN

Council of Arab Health Ministers and Union of Arab Pharmacists.



LUITPOLD PHARMA MÜNCHEN